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COURSE OUTLINE & INFORMATION

INSTRUCTOR MAINTENANCE CLINIC CANOE, SEA KAYAK, CAMPING

DATES: October 18th, 19th and 20th, 2019

LOCATION: Rotary Sunshine Camp, Thorburn Road, St. John's, NL

COST: \$50, includes Newfoundland Kayak Company instructor's manual and some refreshments. Cost excludes boats and personal equipment, transportation, accommodation, and meals during daily sessions.

INTRODUCTION:

This instructor professional development (PD) clinic allows active instructors to maintain certification. The principal focus of PD clinics is the enrichment of instructor skills and to ensure instructors are using best practices. The PD clinic is NOT an assessment of instructor performance. It is an opportunity to share, learn and grow as professional paddling instructors.

PURPOSE:

- Provide an opportunity for active instructors to maintain instructor status.
- Introduce new program changes and present innovative teaching strategies and ideas.
- Review teaching benchmarks, best practices, evaluation and assessment.
- Provide an opportunity for instructors to improve paddling technique and teaching ability.

PREREQUISITES:

- All participants must be certified Paddle Canada Instructors, current members of Paddle Canada and Paddle Newfoundland and Labrador.

COURSE OUTLINE

ALL PROGRAMS ARE OPEN TO ALL INSTRUCTORS REGARDLESS OF YOUR INSTRUCTOR CERTIFICATION (CANOE OR KAYAK, LAKE OR MOVING WATER)

For example, instructors who only hold a canoe instructor certification are welcomed and encouraged to participate in the sea kayak specific programs. A draw stroke is a draw stroke, and there is a lot we can learn from other disciplines. Cross-pollination of ideas and skills is one of the goals of this event. Priority, however, will be given to instructors who are participating in specific program for certification maintenance but we do not expect any issues.

If you would like to participate in a specific program and are unable to borrow a canoe or kayak, contact Richard Alexander at 709 727-7861 or nfkayakco@nf.sympatico.ca.

PRE-CLINIC

- Online open book exam dealing with recent changes to Paddle Canada programs, policies, insurance coverage and administration.
- Participants will also be assigned a skill in the program to deliver to the group in an innovate and creative way (*certification maintenance instructors only*).

DAY 1 – Friday, October 18th, 2019				
Time	Boat	Location	Program	Facilitator
7:00 – 7:05	All	Sunshine Camp	Welcome and Introductions	TBD
7:05 – 7:25	All	Sunshine Camp	Certification in the province – <i>Dave Hickey, President Paddle Newfoundland and Labrador.</i> A discussion about the role of PNL in increasing participation in our paddling programs.	Dave Hickey
7:25 – 8:30	All	Sunshine Camp	Keynote Address: Models of Learning. Kellie Baker’s research centers on different models of learning and how examination and reconsideration of instructional approaches can assist in developing paddling literacy.	Kellie Baker, PhD. Candidate, MUN
DAY 2 – Saturday, October 19th, 2019				
9:00 – 12:00	Canoe	Pond	Recent developments in the moving water program — A review of teaching concepts presented in the new moving water manual including MITH, carving and paddling an arc. Appropriate for both tandem and solo canoes. Also valuable to lake canoe instructors as these concepts are foundational to both disciplines.	Keith Payne & Jeff Martin
12:00 – 12:30	All	Sunshine Camp	LUNCH	

12:30 – 1:00	All	Sunshine Camp	The future of Paddle Canada – <i>Jeff Martin, President of Paddle Canada</i>	Jeff Martin
1:00 – 2:00	All	Sunshine Camp	New and underused programs —The canoe tripping program and camping in the sea kayak program became a new trans-discipline camping program. A discussion on the changes and a look at some of the under-utilized programs like coastal and style canoeing and a glimpse of a proposed Paddle Canada national guiding certification.	Corey Locke
2:00 – 4:00	Canoe	Pond	Innovative ways impart lakewater skills — instructors will be challenged to deliver a skill or theory topic in an interesting way for participants.	Corey Locke
DAY 3 – Sunday, October 20th, 2019				
9:00 – 12:00	Sea Kayak	Pond	Innovative ways to impart sea kayak skills -- instructors will be challenged to deliver a skill or theory topic in an interesting way for participants.	Richard Alexander
12:00 – 12:30	All	Sunshine Camp	LUNCH	
1:30 – 2:30	All	Sunshine Camp	Challenges in the national program – A facilitated discussion about the common difficulties experienced by Paddle Canada in the running of a National Certification Program.	Richard Alexander
2:30 -- 4:30	Sea Kayak	Pond	Innovative ways to impart sea kayak skills continued	Richard Alexander

DRIVING DIRECTIONS:

Rotary Sunshine Camp – St. John’s: Drive out Thorburn Road from St. John’s for 11 minutes or 9.8 km from the Avalon Mall. On your right, just past Bennett Road is the turnoff to Sunshine Rotary Camp.

PROGRAM FACILITATORS:

Richard Alexander – <i>Sea Kayak</i>		
Discipline	Instructor Certifications	Instructor Trainer Certifications
Sea Kayak	Level 4	Level 3 IT
Canoe	Adv. Coastal, Adv Lake Tandem and Solo, Expedition Camping, Intermediate Moving Water Tandem, Intro Style	Coastal, Camping Leadership

Corey Locke – <i>Lakewater Canoe</i>		
Discipline	Instructor Certifications	Instructor Trainer Certifications
Sea Kayak	Level 1	
Canoe	Adv. Coastal, Adv Lake Tandem and Solo, Expedition Camping, Intermediate Moving Water Tandem, Intro Style	Adv. Lake Tandem and Solo, Camping Leadership

Jeff Martin – <i>Lakewater Canoe</i>		
Discipline	Instructor Certifications	Instructor Trainer Certifications
Sea Kayak	Level 2	
Canoe	Adv. Coastal, Intermediate Lake Tandem and Solo, Expedition Camping, Adv. Moving Water Solo, Intermediate Moving Water Tandem	Lake Tandem, Camping Leadership

Keith Payne – <i>Lake and Moving Water Canoe</i>		
Discipline	Instructor Certifications	Instructor Trainer Certifications
Canoe	Adv Lake Tandem and Solo, Expedition Camping, Adv. Moving Water Tandem and Solo.	Intermediate Lake Tandem and Solo, Intermediate Moving Water Tandem and Solo, Camping Leadership

FOR QUESTIONS ABOUT THE CLINIC:

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