



**PADDLE
CANADA**
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BAFFIN ISLAND SEA KAYAKING SCHOOL

BAFFIN ISLAND, AUGUST 17 -21, 2015

A national sea kayak certification program

About the Baffin Island sea kayaking school

Aim: To provide the skills and knowledge for proficient kayaking at sea in moderate conditions, on overnight trips along a moderately exposed coastline with frequent easy landing sites.

Location: Iqaluit, Nunavut. The first three days will be held in and around the Iqaluit area. The last three days will be held out on the land during a moving trip with two overnights.

Tuition: TBD

Includes: course manual, certification and some group equipment.

Excludes: transportation, kayaks, tents, and personal equipment. Participants are asked to make arrangements for their own kayak for the week.

Paddle Canada certifications available (for qualified candidates):

- Level 1 sea kayaking
- Level 2 sea kayaking

Sea Kayak School Prerequisites:

- Paddle Canada Level-1 Skills certification or equivalent skill and knowledge and permission of the course director.
- Experience: At least 3, one day long, water based trips in different locations
- Wilderness First Aid (16 hours) strongly recommended
- Ability to roll is strongly recommended. A rolling clinic is included in the course but participants are encouraged to work on the roll prior to the course start.
- Comfort traveling and living outdoors for extended periods of time

Overview:

This 5-day program is designed to provide the skills and knowledge necessary for safe and efficient wilderness travel by sea kayak for extended periods of time. This program is the third step in Paddle Canada's national certification program. It takes the participant from sheltered conditions and develops the skills and knowledge necessary for paddling on an exposed coastline in moderate conditions. Candidates will be assessed on their ability to paddle on exposed coastlines including overnights in

moderate conditions with others of similar ability. Participants will be exposed to surf-beaches, swell and waves, open crossings, tidal currents and challenging navigation.

On the trip portion of the course, participants will sleep in tents, cook on open fires and stoves, set up and break down camp and travel as a group. Participants will be exposed to environmental challenges such as inclement weather, wind, swell, tidal currents and navigation.

Evaluation:

Course evaluation will comprise of an 'on-going' skill assessment. Participants will be evaluated not only on the completion of specific skills but also personal conduct, equipment care, and acquired knowledge.

Course Outline:

Note: We reserve the right to alter locations and the order of course components as necessary. Factors such as weather and course progression may require the schedule to be changed as needed.

Pre Course Participants will be expected to arrive at the course with all personal equipment ready. An official equipment list to be forwarded upon registration

Day 1

Evening Welcome, introductions, program overview

Day 2

Morning Marine navigation (with nautical charts) and weather lectures (including participant weather logs)
Afternoon Rescue and rolling clinic

Day 3

Morning Trip planning discussion and preparation
Afternoon On-water strokes with video analysis
Evening preparation for trip portion

Day 4

Morning Depart for trip
Afternoon Navigation practical, group management scenarios and towing
Evening camp Hill and Feris Island

Day 5

Morning tides and currents lecture and tidal current training
Afternoon strokes and dynamic strokes and manoeuvres
Evening camp Hill and Feris Island

Day 6

Morning Break camp, return to Iqaluit
Afternoon Debrief – course concludes

Course Director:**Richard Alexander**

Richard is one of only seven individuals in Canada to hold the highest sea kayaking certification possible (level 3 Instructor Trainer) and was the first person in Canada to achieve that designation by completing the program. Over the last fifteen years Richard has delivered more than 150 courses under Paddle Canada's nationally accredited curriculum and has certified thousands of individuals.

A leader at the national level, Richard served on the Board of Directors of Paddle Canada for nine years including four years as President. In Newfoundland and Labrador Richard is the founding President of Kayak Newfoundland and Labrador and the Newfoundland and Labrador Paddling Association. He is also a graduate of the College of the North Atlantic's Adventure Tourism Outdoor Recreation program.

Richard has many years of wilderness tripping under his belt including a sea kayak expedition up the west coast of Greenland that finished 400 miles north of the Arctic Circle. He believes strongly that wilderness travel develops positive life skills and that by exposing youth and people of all ages to wilderness travel we create a more self reliant society.

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